

Green Belt Skills

Blue Stripe

Yul-Gok Hyung
1st 21 moves

Other Skills

Sparring Drills
(See Digital Dojang)
Green Belts complete #1-#3
on command.

Red Stripe

Combinations
(See Below)
Learn them, but you will
complete them on command
and not from memory.



Testing Skills:

- Recite Cycle Topic
- Yul-Gok (first 21 moves)
- Fighting Drills (on command)
- Sparring w/a partner

Combinations:

- 1) Jab/punch/back leg front kick/round kick/spin side kick
- 2) Back leg double round kick/spin crescent/back leg front kick
- 3) Low block/inner forearm block/punch/back leg front kick/side kick